

SOUP

Cream of Mushroom NB. contains No gluten or corn

FISH

Baked Haddock w/ lemon, garlic or caper butter

ENTREE

Grilled Pork Chops W /mango salsa



Mashed Russet Potato







SEARED SAKU TUNA

with seaweed salad & wasabi aioli

RED & GOLDEN BEETS

with arugula, goat cheese & raspberry vinaigrette

FRIED VEGETABLE SAMOSAS

with mango chutney

Salads

CHOPPED SALAD

with avocado, tomato, red onion, spinach, carrots, red bell peppers & Ranch dressing [GF]

TRADITIONAL CAESAR SALAD

with herbed croutons and parmesan cheese

MIXED GREENS SALAD {GF}

with shredded carrots, cherry tomatoes, shaved red onion, crumbled goat cheese, balsamid vinaigrette

dietary restriction. Raw or undercooked ford any have



with white wine, lemon, & capers

SOLE ALMONDINE

with toasted almonds, white wine & lemon

GRILLED BEEF TENDERLOIN

with red wine sauce

BAKED PITA BREAD

with caramelized onions, roasted red peppers, basil, olives & feta cheese

ANGUS BEEF BURGER

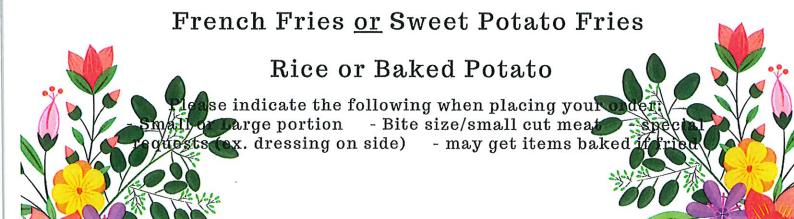
with choice of cheese, lettuce, tomato, onion & pickle

BEYOND BURGER

with choice of cheese, lettuce, tomato, onion & pickle

Starch & Vegetable Sides

Green Peas





Coffee
Vanilla
Chocolate
Strawberry
Rainbow Sherbet
Pistachio Gelato

Pies, Cakes & More

Strawberry Cheesecake
Chocolate Chip Brownies
Molten Lava Cake
Strawberry Cream Pie
Apple Pie
NB.{Local Bakery Special}
Banana Cream Pie

Drinks

Regular or Decaf Coffee
Assorted Tea
Espresso



